

Office of Curriculum

MIDS 5406/MIDS 6406: Preventive Medicine Elective

Directors:

Do 4 extracurriculars in any combination. The following qualify as an extracurricular activity:

Topic	Date/Time	Location	Activity
Group Fitness	August - March	TTU Rec Center	Attend a class
Intramural Sports	August - March	TTU	Participate in intramurals
Community Involvement	August - March	TTUHSC, Lubbock	Volunteer at a community event or with a student org
Running Club	August - March	Lubbock	Attend a session
Kraft for Kids			