

Reference : Nichols Jr CW, Brismée JM, Hooper TL, Bertrand-Grenier A, Kapila J, Gilbert KK, St-Pierre MO, Sobczak S. Glenohumeral Joint Capsule Tissue Tension Loading Correlates Moderately with Shear Wave Elastography: A Cadaveric

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evaluation of the mechanistic effects of joint loading and mobilization on capsular tissues in vivo.