

Effect of Volitional Preemptive Abdominal Contraction on Superficial Multifidus Response During Unipodal Lower Extremity Reach Task in Healthy Subjects.

Context:

Objective

Design

Setting

Pt ical labora 45 by 32 by 25 cm. The participants were seated at a table 45 cm above the floor. The reach task was performed with the right foot while performing the

in the anterior (A) posteromedial

directions ,using either AB,ADIM, or no-VPAC.

Results

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