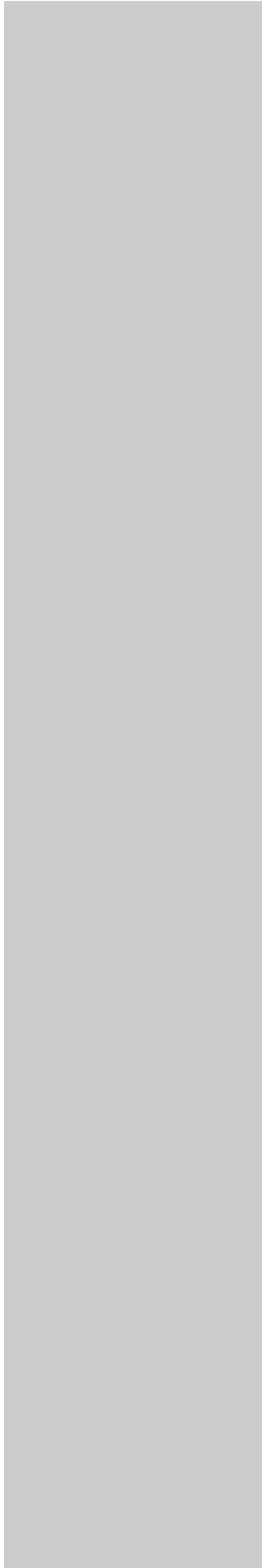


TTUHSC

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Imagine rolling through your personal Rolodex and your thumb flips through the names of Governor Howard Dean, Senator Bill Frist, Charles Everett Koop... Oh wait, that's President Baldwin's Rolodex. Ok, imagine your personal address book contains the names of Carl Gustav Jung and Sigmund Freud. This book belonged to Sabina Spielrein.

Sabina Spielrein had the privilege of being Carl Jung's first patient. The diagnosis? Hysteria. He even used her case to present his ideas, influenced heavily by Freud, in Amsterdam but the group of doctors didn't receive it very well because they felt Freud's ideas were "unwholesome". But

When in... Italy

Greet with a firm handshake and direct eye contact, and say "Buon giorno" (good day) in the morning and "Buona sera" (good evening) in the late afternoon and evening. When you know someone better, you may embrace or kiss on both cheeks.

Only use first names when invited to do so. Titles are very important and show respect. Use Signore (Mr.) and Signora (Mrs.) plus the family name (rather than first names.)

When answering the phone, say "Pronto," which means "ready," not "Buon giorno."

Breakfast is very small; lunch is usually the main meal of the day; and dinner is eaten very late.

Cappuccino is a morning drink. After about 11 a.m. Italians switch to espresso.

Sitting down to drink coffee is much more expensive than standing at the bar, which is why you rarely

single classes of plants and animals are distributed in the same way. The 2005 Ecological and Evolutionary Biology (Mammals) p. 153 (Mammals)

South Korea's Got Seoul

by Eunice Lee, School of Medicine Class of 2012

I didn't live in a hut or sleep on a dirt floor. I didn't worry about dangerous infectious diseases or refuse to eat the local food as a result. But rather, I spent many hours on the subway, dodged my way through crowds of well-dressed people going to work in an office building, ate delicious food without questioning, and showered every day. If you didn't know any better you'd say I was in Manhattan or LA. However, my international health experience this past summer was in the not so third world and very industrialized motherland of South Korea.

As industrialized and westernized as it has become, there are still cultural differences, besides the language barrier, that make you aware you're no longer "in Kansas." Here are just a few things I noted about the culture and the practice of medicine in South Korea this summer:

One of the first lessons I learned was not to cross my legs while interviewing patients because it is offensive and fails to establish rapport.

Remember that when eating together, a lot of food is shared and double dipping isn't a big concern. That may be problematic in instances where there's even a slight chance of transmitting disease via saliva, so you should mention to the patient that they eat separately.

International Flavor

A recipe from Russia
home of
Svetlana Schoggins,
Senior Accountant,
Accounting Services

Stuffed Cabbage Rolls

Serves 3
(2 rolls per person)

6 cabbage leaves
1/2 lb ground beef
1/2 cup cooked rice
1 small onion, chopped
1 tomato, chopped
1/4 cup shredded carrots
Water
Parsley, chopped
Dill, chopped
Sour cream
Salt
Pepper

Cover cabbage leaves with boiling water. Let stand 5 minutes; drain. Combine ground beef, salt, pepper, and onion. Wrap in cabbage leaves, roll and fasten. Place in a small pot. Add chopped tomatoes and shredded carrots. Pour in water, just enough to cover the top. Simmer covered for 30 minutes or until ground beef is cooked. Top it with sour cream, chopped parsley and dill. Serve.

Country Close-up* *every issue CIMA will select another country to feature

Tuvalu

The nation of Tuvalu consists of four reef islands and five atolls located in the South Pacific, half-way from Hawaii to Australia. 96% of the population is Polynesian while the remaining 4% are Micronesian. Tuvalu has a constitutional monarchy with a parliamentary democracy. Queen Elizabeth II serves as head of state (represented by a governor general) and a prime minister serves as head of government. In addition there is a 15 seat Parliament, or House of Assembly, elected by popular vote to serve 4-year terms.

In the 1500s Spain became the first European nation to discover the islands. The islands were visited by American and British sailors and expeditions in the 1800s. In 1819 an American Captain in command of a British merchant ship named the main island Ellice's Island after the British politician who owned the cargo aboard the ship. In 1863 hundreds of Tuvaluans were kidnapped, taken to Peru, and forced to work in guano mines.

The islands became part of a British protectorate in 1892. During World War II the islands were a key location for U.S. airbases. In 1974 the islanders voted to separate from Britain taking the name Tuvalu. They became fully independent four years later.

Although there are no major political parties in Tuvalu the islands are considered a democratic nation with free elections every four years. Chiefs and Islands councils also play an important role in island affairs.

Most Tuvaluans work as subsistence farmers, fishermen, or seafarers. Tuvalu's major exports are national stamps, copra, and handicrafts. The major markets for exported goods are Fiji, Australia, and New Zealand. It's currency is the Australian dollar.

The life expectancy for Tuvaluans is 61 years for males and 62 years for females. The infant mortality rate is 36 per 1,000 live births. According to World Health Organization statistics the two leading causes of death in Tuvalu are cerebrovascular disease and ischaemic heart disease.

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International Graduate Admissions Decline for First Time in Five Years

A press release from the Council of Graduate Schools (CGS) dated August 20, 2009 reports that offers of admission from U.S. graduate schools to prospective international students decreased 3% from 2008 to 2009. This is the first decline since 2004. The report additionally shows a 16% decline in offers to students from both India and South Korea while offers to students from China increased by 13%. Admissions in all three of the most popular fields of study for international students—engineering, physical sciences, and business—declined by at least 4%. There was a 2% decrease in international offers at doctoral universities, compared to a 9% decline at master's-level institutions.

The Council of Graduate Schools is an organization of over 500 institutes of higher education in the U.S. and Canada engaged in graduate education, research, and the preparation of candidates for advanced degrees. The organization's mission is to improve and advance graduate education, which it accomplishes through advocacy in the federal policy arena, research, and the development and dissemination of best prac-

