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generally offer only one kind of continuing education credit, which contributes to the silos in training and practice.

The conference program consists of sessions that have been peer-reviewed by experts who live and have worked in the West Texas region. Trevino said those working and researching in the field from the TTUHSC university campuses, hospitals, clinics, schools and other offices will be sharing their expertise and the current statistics related to mental health from the region, which can advocate for additional resources or utilize those that are locally available. She hopes participants can connect with each other to improve their mental health care and implement systemic changes that help their communities.

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