



Some key findings from the Meadows Report include the need for continuity of care in Lubbock through integration of services and increased service capacity to divert individuals toward treatment and away from jails and emergency departments as the first response to a mental health crisis. The report acknowledged the strong collaborative relationships that exist within the Lubbock area and the opportunity for enhanced coordination and integration of care. The report also suggested focusing on youth and families as an integral part of early intervention and provided specific findings for populations of youth who are involved in foster care and the juvenile justice system. The emphasis on youth and their families is particularly significant because most mental health challenges begin before adulthood.

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“One of the most revealing pieces of data from the Meadows report is that we continue to treat those with mental health conditions separately than those with physical conditions,” TTUHSC President Lori Rice-Spearman, Ph.D., said. “We have a real opportunity to change that by building on the groundwork of this initiative laid by Dr. Philips and Dr. Opperman and working together with the collaborative. For TTUHSC, our goal is to serve as a convener bringing together the fragments of care across our entire system and community to help guide and direct the synergy to better serve the mental health needs of our populations.”