

Break Time for Nursing Mothers
Request Form

Texas Tech University Health Sciences Center is providing a reasonable break time for a nursing mother to express breast milk for her nursing child for up to one year after the child's birth. A nursing mother wishing to utilize this break time is required to provide advance notice of request for such break. Please complete the form below and return it to your supervisor prior to your return to work following the birth of your child.

Date: _____

Name: _____ R#: _____

Department: _____ Child's Date of Birth: _____

Date the request will be used (not to exceed one year from the date of the child's birth):

From _____ To _____

Department Response

The designation room listed below will be available for this purpose as rearranged per policy and campus procedure.

Designation Room: _____

7 H D P 0 H P E H U Acknowledgement:

I have read HSC 7042, Break Time for Nursing Mothers, and I have received approval. _____
Date

7 H D P 0 H P E H U Signature

Date

Department Authorization:

Supervisor / Manager Signature

Date

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